



Equity, Diversity & Inclusion Calendar November - 2023

Month-Long Observances:

National Native American Heritage Month: Native American Heritage Month, also known as American Indian and Alaska Native Heritage Month, is observed in the United States every November to honor and recognize the rich cultures, histories, and contributions of Native Americans. During this month, various events and activities are organized to celebrate the diverse cultures, traditions, and heritage of Native American people.

National Family Caregivers Month: National Family Caregivers Month is observed in November in the United States. It is a time to recognize and honor the millions of family caregivers across the country who provide essential care and support to their loved ones, often at great personal sacrifice. These caregivers play a crucial role in the well-being of their family members, assisting with activities of daily living, managing medications, coordinating medical appointments, and offering emotional and social support.

Day Observances:

November 1st All Saints Day: All Saints' Day, also known as All Hallows' Day, Halloweenmas, or Feast of All Saints, is a Christian solemnity celebrated on November 1st in honor of all the saints, known and unknown. It is a significant feast in the liturgical calendar of the Western Christian churches (Roman Catholic, Anglican, and Protestant) and is a public holiday in many countries.

November 1st National Stress Awareness Day: National Stress Awareness Day is observed annually on the first Wednesday in November. It is a day dedicated to raising awareness about stress, its effects on mental and physical health, and ways to manage and reduce stress in daily life. On this day, various organizations and individuals promote stress-reducing activities, mindfulness practices, and mental health resources to help people cope with stress.

November 2nd All Souls Day: All Souls' Day, also known as the Commemoration of All the Faithful Departed, is a Christian observance that falls on November 2nd. It is a day dedicated to praying for the souls of all the faithful departed, especially those in purgatory. In the Catholic Church and some other Christian denominations, it is a day of remembrance and intercession for the souls of loved ones who have died.



November 3rd Bunka No Hi: Bunka no Hi (文化の日) is a national holiday in Japan that is also known as Culture Day. It is celebrated annually on November 3rd. This holiday was established to promote culture, the arts, and academic achievements. People across Japan engage in various cultural activities and events on this day, such as art exhibitions, parades, and traditional performances. It's a day to appreciate and celebrate Japanese culture and its rich heritage.

November 5th Guy Fawkes Day: Guy Fawkes Day, also known as Bonfire Night, is an annual commemoration observed on November 5th in the United Kingdom and some other Commonwealth countries. It marks the failed Gunpowder Plot of 1605, in which a group of Catholic conspirators, including Guy Fawkes, attempted to assassinate King James I of England by blowing up the House of Lords during the State Opening of Parliament.

November 9th Diwali (Hindu): Diwali, also known as Deepavali, is one of the most popular and widely celebrated festivals in India and other parts of the world. It is a Hindu festival that signifies the victory of light over darkness, good over evil, and knowledge over ignorance. The word "Diwali" is derived from the Sanskrit words "deepa," which means lamp or light, and "avali," which means row. Diwali is typically celebrated over five days, with each day having its own significance and rituals. The festival usually falls between October and November, depending on the lunar calendar. People clean and decorate their homes with oil lamps, candles, and colorful rangoli (decorative designs made on the floor). They worship different deities, perform special prayers, exchange gifts, and share festive meals with family and friends.

November 11th Remembrance Day: Remembrance Day, also known as Armistice Day or Poppy Day, is observed in Canada on November 11th each year. It is a day to honor the members of the Canadian Armed Forces who lost their lives in the line of duty during World War I and subsequent conflicts. On this day, Canadians pay tribute to the soldiers, sailors, and airmen who have sacrificed their lives for their country.

November 13th World Kindness Day: World Kindness Day is an international observance celebrated on November 13th each year. It was introduced in 1998 by the World Kindness Movement, a coalition of nations' kindness NGOs. The day highlights the importance of being kind to others, promoting goodwill, and fostering a more compassionate and empathetic world.

November 16th World Tolerance Day: The International Day for Tolerance is observed annually on November 16th. It was established by the United Nations General Assembly in 1996 with the aim of promoting tolerance, understanding, and respect among cultures and peoples. The day serves as an opportunity to raise awareness about the importance of tolerance in society and to encourage mutual understanding and respect for human rights and freedoms.



November 19th International Men's Day: International Men's Day is an annual event celebrated on November 19th. It aims to raise awareness about men's mental health, positive male role models, and men's contributions to society. The day also highlights issues that disproportionately affect men, such as high rates of suicide, workplace fatalities, and the need for positive male role models. International Men's Day is observed in many countries around the world through various activities and initiatives, including seminars, panel discussions, public talks, and community outreach programs. The day provides an opportunity to promote gender equality and address the challenges faced by men in today's society.

November 20th World Children's Day: World Children's Day is celebrated on November 20th each year. It is a day dedicated to promoting and celebrating the rights of children and raising awareness about the challenges they face around the world. This day serves as a reminder of the importance of protecting and advocating for the well-being, education, and future of children.

November 20th Transgender Day of Awareness: Transgender Day of Remembrance (TDoR) is an annual observance that honors the memory of transgender individuals who have lost their lives due to anti-transgender violence or prejudice. The day is observed on November 20th each year.

November 23rd American Thanksgiving Day: Thanksgiving Day is a national holiday celebrated in the United States and several other countries. In the United States, Thanksgiving is observed on the fourth Thursday of November each year. The holiday has historical roots in religious and cultural traditions and has evolved over time into a day for family gatherings, feasts, and expressing gratitude.

November 25th Day of the Covenant: The Day of the Covenant is a significant religious observance in the Bahá'í Faith, an Abrahamic monotheistic religion founded in the 19th century by Bahá'u'lláh. The Bahá'í Faith emphasizes the unity of humanity, the equality of all people, and the importance of social justice and peace.

November 25th International Day for the Elimination of Violence Against Women: The International Day for the Elimination of Violence Against Women is observed annually on November 25th. This day is recognized by the United Nations and is dedicated to raising awareness of the violence and abuse that women around the world experience on a daily basis. It also marks the beginning of the 16 Days of Activism Against Gender-Based Violence campaign, which runs until December 10th, Human Rights Day.